

Me in 30 Seconds

Min:Sec

A 30 second introduction is also known as an 'Elevator Pitch'

[The Elevator Pitch](#)

6:00

A professional demeanor determines the "fit" into the employer's organization

[30 Seconds to Impress:](#)

6:52

One question affects the impression you give; and sets the tone for the interview

[How to answer "Tell Me About Yourself"](#)

4:25

A video can help you practice, and might even be a delivery vehicle

[30 Second 'Elevator Speech'](#)

0:41

Tell Me About Yourself – A Question You Will Get

[Impress Hiring Managers](#)

12:21

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