

# Mentoring a Job Seeker

A **mentor** is a person who can guide you and nurture your career quest. A mentor has much value. It is different from a job coach, A mentor is an insider with specific career while a job coach is a task-master making sure the job seeker completes his/her weekly job seeking goals.

- [The Importance of Mentors](#)
- [The Value of a Mentor: Students and Job-Seekers... How to Find Yourself a Mentor](#)
- [How to Find a Job Mentor](#)
- [Thirteen Tips on Finding a Mentor](#)